

**January 20 & 21 Third Sunday in Ordinary Time**

**Repent and believe in the gospel.**

Time is a profoundly precious resource. When we think about the resources available to us, we often focus on material things. While we may be able to increase the amount of money in our bank account or affect the outcome of a given project, we can never manufacture more time.

Today's readings invite us to recognize the precious nature of time. We often focus either on what will happen in the future or on what happened in the past. But the present moment is where we can act, for good or for bad. We cannot change what has already happened. What might be in the future is still only in our mind, only in our imagination. But this moment, right now, we can make a choice. It is precious and unrepeatable.

Today's readings call us to listen to God's voice in every moment of our day, and to act, with the help of his grace. They call us to keep our eyes focused on Christ, here and now, but also to keep a view toward the eternal. As we say yes to Jesus today, Christ shapes our hearts for the eternal yes to heaven that will be offered at the end of our earthly lives.

In our first reading, the people of Nineveh listen to God's call and respond actively. Jonah had only gone a single day's journey through the city when the people answered the call to conversion. They acted, they turned away from evil, and they were saved from destruction. The Letter to the Corinthians also reminds us of the urgency to act now, to make the choice to participate in the transformative work God is doing in our world. And our Gospel contains the striking image of Simon, Andrew, James, and John abandoning their nets and following Jesus.

Jesus is calling us today. Maybe he is calling us to drop something that we have been clinging to so we can follow him more fully. Maybe he is calling us to lay down our weeping or our rejoicing, to move into a new phase accompanied by his presence and love. Maybe he is calling us to turn away from a particular habit, or seek his healing in the sacrament of reconciliation. Maybe he is simply calling us to listen to his voice more closely, to make time to read Scripture, to pray, to reflect, to talk with a spiritual mentor or a friend.

Today Jesus is calling us near, calling us to the profound intimacy of the Eucharist. In this precious and sacred time, he wants to nourish us and give us all we need to answer his call, big or small. May we be given the grace to open our hearts as we receive this Eucharist – to act in this moment given to us and receive the boundless love of our Lord Jesus Christ.

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Holy Angels has a new website where you can find the bulletins, announcements, and many other things. Please visit it at: [holyangetslavalle.org](http://holyangetslavalle.org)

**Into the Deep: What is guiding us?** The mission of the Church is to proclaim the Good News to every person and to make disciples. To more effectively advance this mission, the Into the Deep path for renewal is guided by the following principles:

- *Follow Jesus.* Respond to Christ's call by growing our personal relationship with the Lord and living in accord with the teaching of Christ and the Church.
- *Reclaim Sunday.* Renew our faith, our families, and our culture by centering our lives on the Eucharist and the Mass.
- *Evangelize Others.* Embrace our mission to share the life-changing good news of the Gospel with all those around us.
- *Engage Youth.* Share the joy, truth, and love of our faith with our children and teens so that they become passionate followers of Christ, stay close to the Church, and take their place as the disciples to future generations.
- *Equip Leaders.* Form the leaders of our parishes, schools, and diocese to evangelize, make disciples, and strengthen the Church.
- *Serve Neighbors.* Carry out the corporal and spiritual works of mercy by serving those near and far.

**The 14 combined works of mercy, corporal and spiritual, are foundational to the lives of Christians everywhere.**

In fact, the Catechism of the Catholic Church holds that the works of mercy are a necessary part of the "preferential love" we are instructed to have for the poor and the needy (CCC 2448). The works of mercy have been traditionally divided into two categories, each with seven elements: "Corporal works of mercy" which concern the material and physical needs of others. "Spiritual works of mercy" which concern the spiritual needs of others. The corporal works of mercy is as follows: (1) To feed the hungry; (2) To give drink to the thirsty; (3) To clothe the naked; (4) To harbor the harborless; (5) To visit the sick; (6) To ransom the captive; (7) To bury the dead. The seven Spiritual Works of Mercy are: (1) Counseling the doubtful; (2) Instructing the ignorant; (3) Admonishing the sinner; [Admonishing the sinner is not to judge but to be supportive in helping others find their way and correct their mistakes.] (4) Comforting the sorrowful; (5) Forgiving injuries; (6) Bearing wrongs patiently; (7) Praying for the living and the dead.

**Some ways to practice works of mercy:**

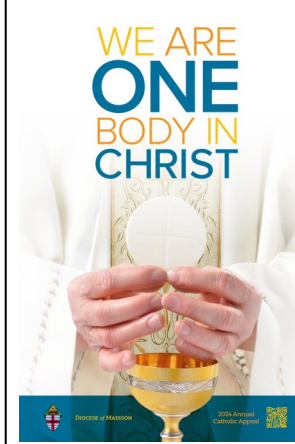
- \*Donate money to your parish's Saint Vincent de Paul Society or a local hunger organization. (feeding the hungry)
- \*Educate yourself about the lack of clean, drinkable water in many parts of the world—even in the United States. (give drink to the thirsty)
- \*Go through your closet and donate all your clothes that you have outgrown or don't wear anymore. Make sure they are clean and in good condition—no rips, missing buttons, or broken zippers. (clothe the naked)
- \*Go to Confession, make an intentional effort to let go of any grudges you're holding onto. (forgiving injuries)
- \*Say a Rosary for someone who has passed away. (pray for the living and the dead)

**Holy Angels Parish  
Masses This Week**

Tue 1/23 **Holy Family** 9:00 am Adoration

Fri 1/26 **Holy Family** 9:15 am Mass-Dorothy Schluter  
**Holy Family** 10:00 am Confessions


Sat 1/27 **Our Lady of Refuge Chapel, Sacred Heart Million of Monicas** 9:00 am-Reflection: Following in Christ's Footsteps  
**Holy Family** 3:00 pm Confessions  
**Holy Family** 4:00 pm Mass-Rosie Poirier



**2024 Diocese of Madison Annual Catholic Appeal Begins, Please Make a Generous Pledge**

Parishioners throughout the Diocese will receive a mailing asking for a pledge to the Annual Catholic Appeal to support the ministries of the Diocese of Madison. Please prayerfully consider making a pledge payable over 6-months to the appeal. Your gift will help enable the diocese to reach its goal and provide for many ministries, education and services throughout the Diocese. Thank you for your continuing support of our parish, diocese, and the work of the Church throughout the world.

Youth of Pastorate 7 with a Trivia Night Fundraiser Next Saturday, January 27, 2024 from 7:00-10:00 pm St. Joseph Catholic School Gym



**The high school students are trying to raise money for Frassati Fest.** Frassati Fest is an overnight weekend retreat for High School youth held at the Kalahari Resort in the Wisconsin Dells. There are Catholic speakers, Catholic youth from all over the Madison Diocese, and Waterpark time! Cost per student is \$250.00 and we have 40 people attending!

**Would you like to help the high school students, but can't make it to Baraboo for Trivia Night?** Just put your donation in an envelope and mark the outside "Trivia Night Donation" and all gifts will be sent to St. Cecilia. Be sure to put your name and address on the envelope so we can include it on your end of year contributions. Let's see if Holy Angels can raise \$120.00 with your help. Thank you for supporting our Pastorate 7 high school students!

**January is the Month of the Holy Name of Jesus:** "In the name of Jesus every knee should bow, of those that are in heaven, on earth and under the earth." (Phil 2:10). Christ's name is chosen in heaven, and the Angel Gabriel announces it when he informs the Blessed Virgin of the incarnation: "Behold thou shalt conceive in thy womb and shalt bring forth a son, and thou shalt call his name Jesus." It is a name that has marvelous implications, for it means "savior." The very name bespeaks the magnitude of His mission, His infinite love, a love that will cause Him to offer Himself up for us.

**Parish Support 1/13/2024**

Envelopes & EFT	2517.00
Offertory	143.85
Building Maint.	85.00
<b>Total</b>	<b>\$2745.85</b>

**Thank you.**

~If you would like a box on envelopes, please contact the parish office at 608-985-7558.

"The Word Of God is a gift addressed to everyone. We can never restrict its field of action, for beyond all our calculations, it springs forth in a spontaneous, unforeseen, and unpredictable way, in the ways and times that the Holy Spirit knows."

~Pope Francis

"Silence is a gift of God, to let us speak more intimately with Him."

\*St. Vincent Pallotti  
*The Wisdom of the Saints*  
~Dynamic Catholic


**Holy Angels Prayer Chains:** If you would like to add an intention to our Prayer Chains, please call the parish office at 608-985-7558, or email [holyangels7558@gmail.com](mailto:holyangels7558@gmail.com) and we will put your intention on our prayer chain. Names can be omitted so as to protect identity, as this team is dedicated to confidentially praying for the prayer needs of our community.

If you would like to join the Prayer Chain and pray for those in need, call the parish office at 608-985-7558.

**St. Luke Fish Fry Friday, February 2, 2024**



**Serving from 5:00—8:00 pm. Served Family style with Carry outs available. All welcome!**



**You will want to make plans to attend St. Joseph's, Baraboo**

**Delicious Shrimp and Fish Fry,** February 9, 2024, 4:00-7:00 pm or while supplies last! Dine in or carryout.

Menu:  
**2 or 4 piece baked or beer battered, fried fish** with homemade tartar sauce, lemon wedge, choice of fries or potato pancakes & applesauce, coleslaw, rye bread and butter. (2 pieces \$12, 4 pieces is \$15)

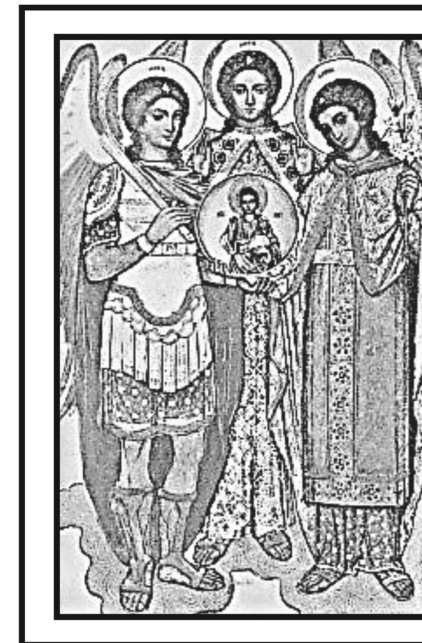
**10 piece Shrimp dinner** comes with choice of fries or potato pancakes & apple sauces, coleslaw, rye bread & cocktail sauce - \$15

**Shrimp & Fish (baked or fried) Combo** that comes with cocktail sauce and homemade tartar sauce, lemon wedge, fries or potato pancakes & applesauce, coleslaw & rye bread - \$15

**6 or 10 piece chicken nuggets** served with fries, applesauce & ranch - \$6/\$8

**New Item: Mozzarella Sticks** (6)-\$6.00 Please join us!

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# HOLY ANGELS CATHOLIC CHURCH LA VALLE PASTORATE 7

Website: [www.holyangelsvalle.org](http://www.holyangelsvalle.org)

"Holy Angels, Guard Us."

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**Rev. Garrett Kau, Parochial Vicar**  
**Rev. Luke Powers, Parochial Vicar**

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Robin Landsinger  
Office - (608-985-7558)  
[landsingerr@gmail.com](mailto:landsingerr@gmail.com)

**Weekend Mass Schedule**  
Saturday  
Confession 3:00 pm Holy Family, La Valle  
Mass 4:00 pm Holy Family, La Valle

**Weekday Mass Schedule**  
Friday  
Confession 8:30 am Holy Family  
Mass 9:15 am Holy Family, La Valle



## Sacraments

In need of Baptism, Holy Matrimony, Anointing of the Sick, or any of the sacraments, please call the parish office at (608-985-7558) or email [holyangels7558@gmail.com](mailto:holyangels7558@gmail.com)

Religious Education call or email Holy Angels Office at (608-985-7558) or email [holyangels7558@gmail.com](mailto:holyangels7558@gmail.com)

Prayer Chain Requests call or email Holy Angels Office at (608-985-7558) or email [holyangels7558@gmail.com](mailto:holyangels7558@gmail.com)